

24th Cohort Kendo Experience Class 2024 (Hong Kong Island) - WanChai (Aged 10 - 65)

Objective: To cultivate agility, dexterity, instant response, endurance and correct posture; develop patience, concentration, decisiveness and sportsmanship through learning Kendo.
Content: Introduction of Kendo origin and basics, incl. etiquette and discipline, Shinai (bamboo sword) handling, Kata (Kendo forms and movement of face and hand), punch and strike practice.
Enrolment Fee: HKD\$600/person (8 Lessons) **Application Deadline:** First-come-first-served basis
Shinai & Shinai Bag: \$450 **Inquiry:** 2504 8145
(*Waived if using own bamboo sword and undergone safety check conducted by the coach)

First Name: _____ Last Name: _____ Age: _____
Gender: _____ Date of Birth: ____yy____mm____dd Height: _____ Weight: _____ (For sword pairing)
Address: _____
Tel: _____ Email Address: _____
Emergency Contact (Name, Relation and Tel): _____

Category	Period	Time	Location
Aged 10 – 65	Jun to Aug 2024 23,30/6/2024 7,14,21,28/7/2024 11,25/8/2024	Sunday 9:00am to 10:30am	No. 1 Dance Room Harbour Road Sports Centre, (27 Harbour Road, Wan Chai)

Disclaimer (For aged 18 or above)

I (Participant's Name: _____) hereby agree to participate in the 24th Cohort of Harbour Road Kendo Experience Class 2024 (Hong Kong Island) – Wanchai (Aged 10 - 65) and declare that I am in good health and suitable for the sport and understand that the organiser or associated parties will not be held responsible for any injury, accidents, illness, loss or damages during the training period, if not caused by the negligence of the organiser.

Participant's Signature: _____ Date: _____

Parental consent (For aged below 18)

I agree _____ to participate in the 24th Cohort of Harbour Road Kendo Experience Class 2024 (Hong Kong Island) – Wanchai (Aged 10 - 65) and declare that He / She is in good health. He / She is suitable for participating in sports and understand the organiser or associated parties will not be held responsible for any injury, accidents, illness, loss or damages during the training period, if not caused by the negligence of the organiser.

Parent's Name: _____ Parent's Signature: _____ Date: _____

Enrolment Method:

Please send the following to **Room 1029 Olympic House No.1 Stadium Path, So Kon Po, Causeway Bay, HK**

- 1) a completed form,
- 2) **a crossed cheque of HK\$600 Enrolment Fee** (Payable to: **The Kendo Association of Hong Kong, China Limited** and with the participant's name written on the back of the cheque), and
- 3) A self-addressed envelope with prepaid postage of HK\$2.2

For the shinai & shinai bag, please pay HK\$450 to the coach at the first lesson.

Notes to Participants:

1. Wear sportswear for class, a Shinai (bamboo sword) is required. **(For participants with own Shinai, please seek coach approval on Shinai safety check before use.)**
2. If the Red Rainstorm Warning or the No. 3 typhoon is hoisted by HK Observatory, the course will continue and parents may decide whether students are attending classes or not. If Black Rainstorm Warning or a No. 8 typhoon or above is hoisted two hours before class, the class will be cancelled and there will be no make-up classes.
3. The information provided by the applicant will only be used for enrollment of sports activities organised by the Hong Kong Kendo Association, statistical reviews, future contact purpose and opinion survey. Only authorized personnel of this Association can access to such information for the aforesaid purposes. For correction of or access to personal data collected by means of this form, please contact staff of the Association.
4. If any deficiencies are found in the details or terms herein, the organiser may make changes without further notice.