

# The Kendo Association of Hong Kong, China

Rm 1029, Olympic House, No.1 Stadium Path, Causeway Bay, HK

Email: hkka@hkolympic.org
Tel: 2504 8145 Fax: 2890 8052
Business Hour: 10:00am to 6:00pm (Mon – Fri)

# 20th Cohort Kendo Experience Class 2024 (Kowloon) – Tai Kok Tsui (Age: 10 - 65)

**Objective:** To cultivate agility, dexterity, instant response, endurance and correct posture; develop patience, concentration, decisiveness and sportsmanship through learning Kendo. Introduction of Kendo origin and basics, incl. etiquette and discipline, Shinai (bamboo sword) handling, Kata (Kendo forms and movement of face and hand), punch and strike practice. **Enrolment Fee:** HKD\$600/person (8 Lessons) **Application Deadline:** On first-come-first-served basis Shinai & Shinai Bag: \$450 \*can be waived if you have your own equipment **Inquiry**: 2504-8145 (\*Waived if using own bamboo sword and undergone safety check conducted by the coach) Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_yy\_\_\_mm\_\_\_dd Height: \_\_\_\_\_ Weight: \_\_\_\_\_ (For sword pairing) Address: Email Address: Emergency Contact (Name, Relation and Tel): Period Time Location Category May to Jul 2024 No. 3 Activity Room 25/5/2024 Saturday Tai Kok Tsui Sports Centre, Aged 10 – 65 1,8,15,22,29/6/2024 8pm to 9:30pm Tai Kok Tsui Municipal Services Building, 6,13/7/2024 63 Fuk Tsun Street, Tai Kok Tsui, Kowloon <u>Disclaimer (For aged 18 or above)</u> I (Participant's Name:\_\_\_\_\_\_) hereby agree to participate the 20th cohort Kendo Experience Class 2024 (Kowloon) - Tai Kok Tsui (Age 10 - 65) and declare that I am in good health and suitable to participate in the sport and understand that the organiser or associated parties will not be held responsible for any injury, accidents, illness, loss or damages during the training period, if not caused by the negligence of the organiser. Participant Signature: \_\_\_\_\_ Parental Consent (For aged below 18) I agree \_\_\_\_\_\_ to participate in the 20th Cohort Kendo Experience Class 2024 (Kowloon) – Tai Kok Tsui (Age: 10 - 65) and declare that He / She is in good health. He / She is suitable for participating in sports and understand the organiser or associated parties will not be held responsible for any injury, accidents, illness, loss or damages during the

#### **Enrolment Method:**

Please send the following to Rm 1029 Olympic House No.1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong 1) a completed form

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_

- 2) a <u>crossed cheque of HK\$600 Enrolment Fee</u> (Payable to: The Kendo Association of Hong Kong, China Limited and with the participant's name written on the back of the cheque), and
- 3) A self-addressed return envelope with prepaid postage of \$2.2

training period, if not caused by the negligence of the organiser.

## For the Shinai & Shinai bag, please pay HK\$450 to the coach at the first lesson.

## **Notes to Participants:**

- 1. Wear sportswear for class, a Shinai (bamboo sword) is required. (For participants with own Shinai, please seek coach approval on Shinai safety check before use.)
- If the Red Rainstorm Warning or No. 3 typhoon is hoisted by HK Observatory, the course will continue and
  parents may decide whether students are attending classes or not. If Black Rainstorm Warning or No. 8
  typhoon or above is hoisted two hours before class, the class will be cancelled and there will be no make-up
  classes.
- 3. The information provided by applicants are used for the registration of sports and recreation activities, statistics, future liaison and activity surveys organised by the Hong Kong Kendo Association Limited only. Only authorised personnel of HKKA will access such information for the above purposes. If you wish to correct or access your personal information, please contact our staff.
- 4. The organiser may make changes without further notice if necessary.